

DANCE OF LIKENESSES

01-10 SEPTEMBER 2016

Studio Matejka workshop in Forest Base of the Grotowski Institute, Brzezinka, Poland
Led by Matej Matejka and Cécile Da Costa, assisted by Martin Talaga and Katarina Kalivodova

This work session is targeted towards professional actors and dancers willing to explore less common fields of physical expression, who are driven by necessity of free yet well-guided path of movement, dancing and bodywork.
How far the dance can take you to yourself?

In this new workshop we will allow each other to go deeper into traces of
traditions inside of us.

Nowadays, there is an extreme focus on the ideal body. The body has become the biggest phenomenon of 20th century; naked body; beautiful body; the perfect body measured in numbers... One should not only have the perfect body, but perfectionism affects all sides of life. Inspired by these themes and reflecting them with ideals of our ancestors we want place these questions inside of the workshop process.

In our new theatrical project BOI, we are referring to Slovak traditional dances and music along these themes. The rich Slovak traditions will be used as an initial ground floor for our workshop journey. The traditional dances and songs confronted with our postmodern society will meet in one pot.

What happens then ?

We are looking forward for meetings with wide scale of traditions brought by participants themselves. We meet in a place where our body and voice grow in its freedom and its limits, in its spontaneity and calculations, in its chaos and its order on a journey towards deeper understanding of ourselves.

STUDIO
MATEJKA



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we will deal with:

Personal reflection to your traditions
Postmodern and past cultural codes of movement and sounds
Slovakian traditional dances and songs
Participant's dance, movement and singing traditions
Disappearing practices, rituals and occupations

Participants will be introduced to our approach to:

- creating a respectful and focused working environment
- the building of a personal, daily physical practice
- developing sensitivity and listening through partner and group work
- awakening the anatomy of the body to develop readiness for action
- physicality and its relationship to the voice
- transformation from physical training into creative improvisation with text, imagination
- and movementcomposition of physical structures

Language
The workshop will be led in in English. The practice is based on the platform of listening and communication through the body and intuitive experience, therefore verbal explanation will be kept to a minimum.

Location
The work session will take place in Brzezinka in the historical forest base of The Grotowski Institute, located 46 km from Wrocław. The Brzezinka forest base began as a renovation project by Jerzy Grotowski and The Laboratory Theatre in 1971. The renovated farm buildings surrounded by 10 hectares of forest, now contain a theatrical space, studio spaces, and full living accommodations.

Fee
The session fee of 400€ includes accommodation in the Brzezinka forest base, organized transport between Wroclaw and Brzezinka, and meals for the entire period of the work session (10 days).

Please send your completed application form and CV to:

studiomatejka.workshops@gmail.com

by 7th August 2015. The workshop will be restricted to a limited number of participants.



More information:
www.studiomatejka.com, www.grotowski-institute.art.pl



workshop leaders:

Matej Matejka (SK/PL) is the founder and leader of Studio Matejka. Since 2005 he has been a collaborator of the Grotowski Institute as well as actor in Teatr ZAR, with which he co-created and performed in Anelli: The Calling and Caesarean Section: Essays on Suicide. In 2001–2006 he was an actor with the theatre studio Farm in the Cave, Prague and co-creator of various projects and performances with the company - among others SCLAVI / The Song of an Emigrant, multi-awarded performance.

Since 2010 Matej has been the founder and leader of Studio Matejka - actor's laboratory of physical expression working under the auspices of the Grotowski Institute. He directed and choreographed eight short films and five performances with the Studio Matejka company. The film Pearadise has been awarded for Best Foreign Film in Los Angeles International Underground Film Festival 2013, film Conflict of Apathy was awarded for the Best short dance movie at NU Dance festival, Slovakia, 2014. Performance The Echoes of the underground... has received an award on New York United Solo Festival 2012 and Awkward Happiness performance received Special Mention Award in BE Festival, Birmingham 2014.

Through out the years of leading research training he has developed unique method of teaching where he connects movement technics with personal expression of actors /performers. Matej lead workshops in theatres and universities all around the globe (UNEARTE, Venezuela; CalArts, California, USA; Canada, Edmonton; NSD, New Delhi, India; DS Delos of Dimitra Hatoupi, Athens, Greece; University of Salford, UK; Double Edge Theatre, USA; Charles Working Theatre, Boston, USA; Au Brana, France; Lebanon, South Korea etc.). In his work he searches for the performer's source of communication where both dance and drama are equal vehicles for the actor's expression.

Cécile Da Costa (FR/CZ), since 2005, Cécile has been working as a physical actress and singer. For 5 years, she was a member of Farm in the Cave international theatre studio (Prague, Czech Republic), taking part to the performances SCLAVI/ the Song of an Emigrant, Waiting Room, Divadlo/The Theatre and work demonstrations, under the direction of Viliam Docolomansky, and with the choreographic guidance of Charlotta Öfverholm (DV8). Within Farm in the cave projects, she took part to several research expeditions in Ruthenia (Slovakia), and Brazil Nordeste (work on martial art Capoeira, and dances Bumba meu Boi and Cavalo Marinho). The company performed widely in Europe and outside, and was awarded several times, namely in Edinburgh festival. Cécile is now cooperating with Spitfire Company, Prague, as a choreographer and an actress/singer, as well as leading workshops.

